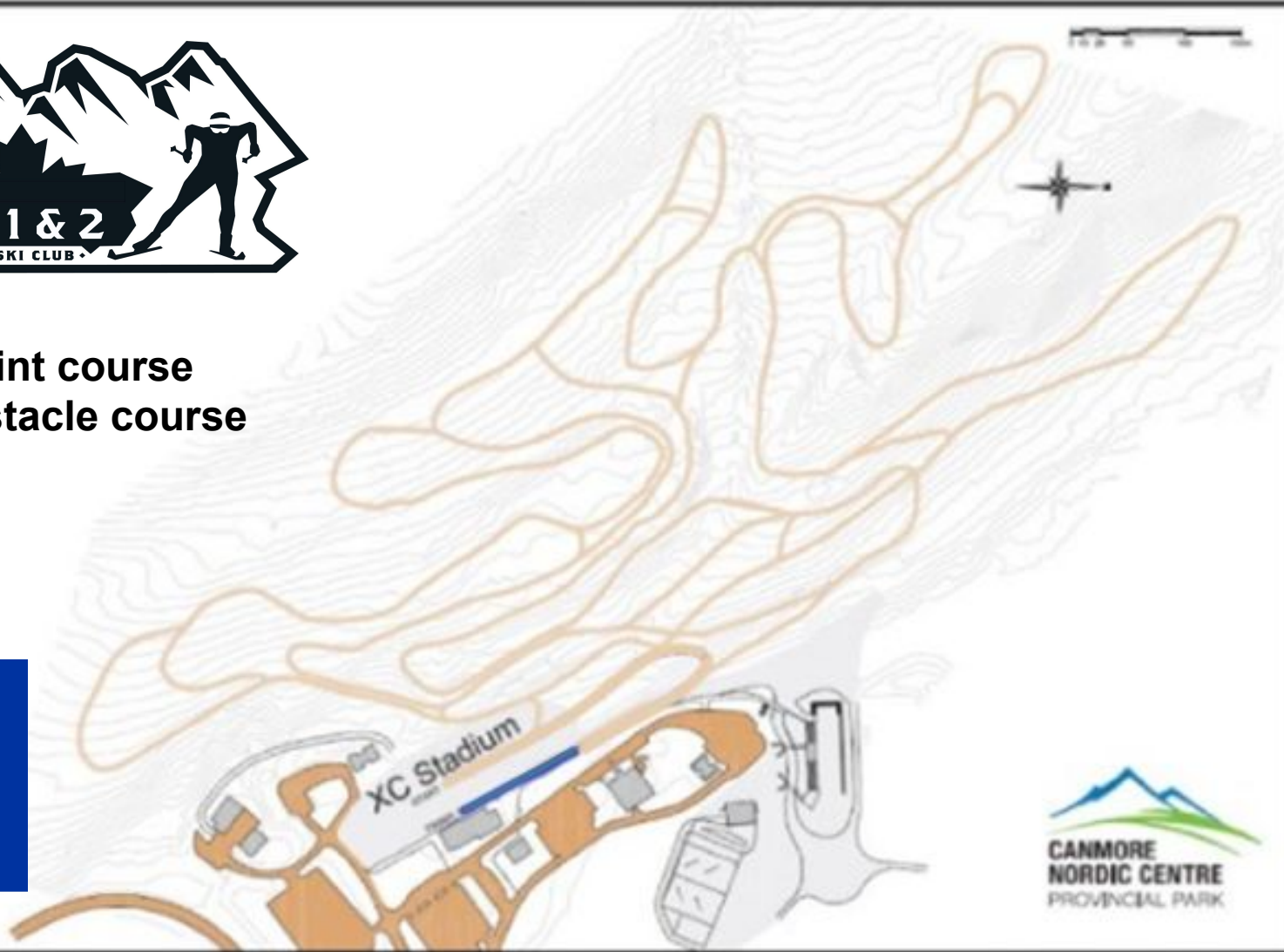


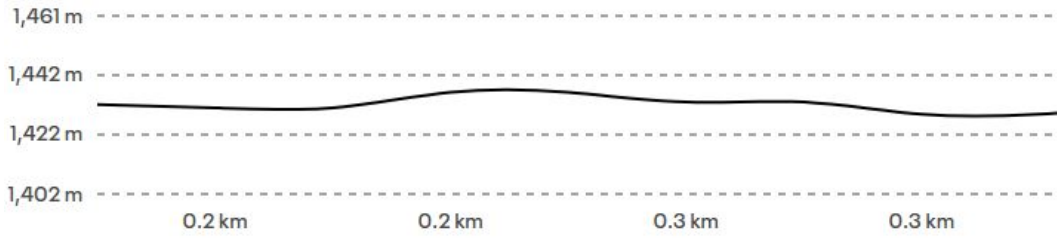
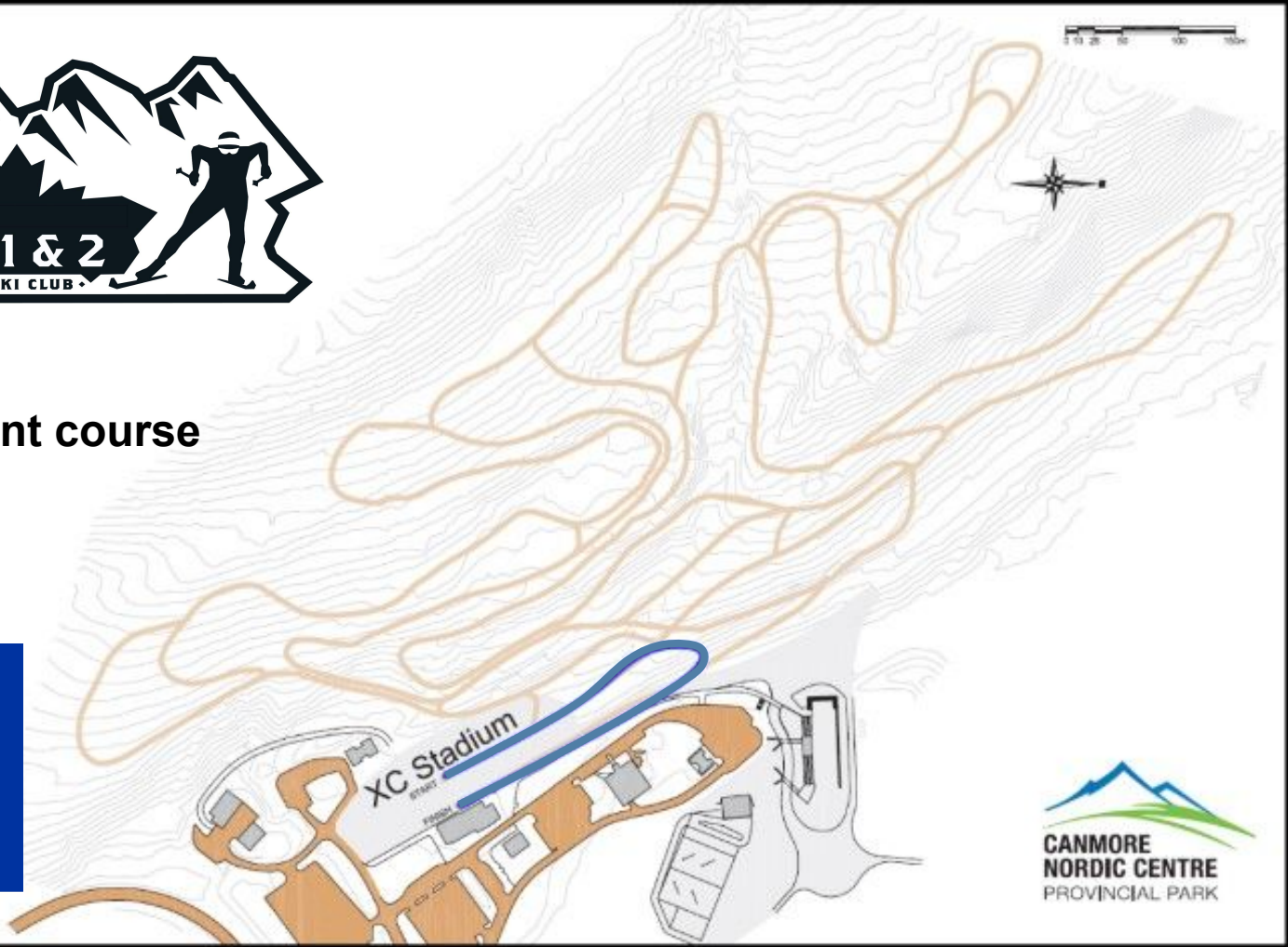


100m sprint course
200m obstacle course
U8/U10





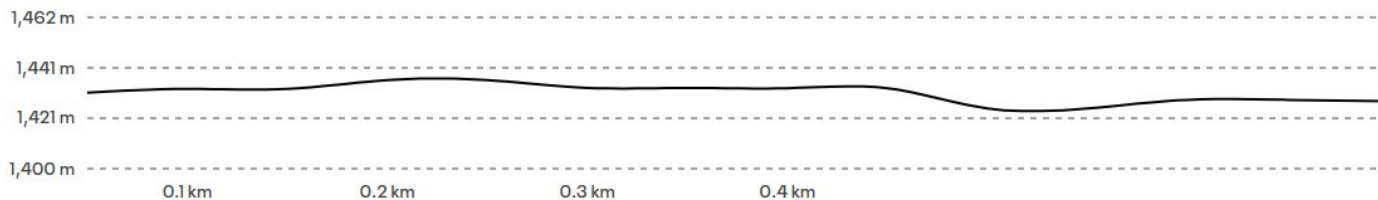
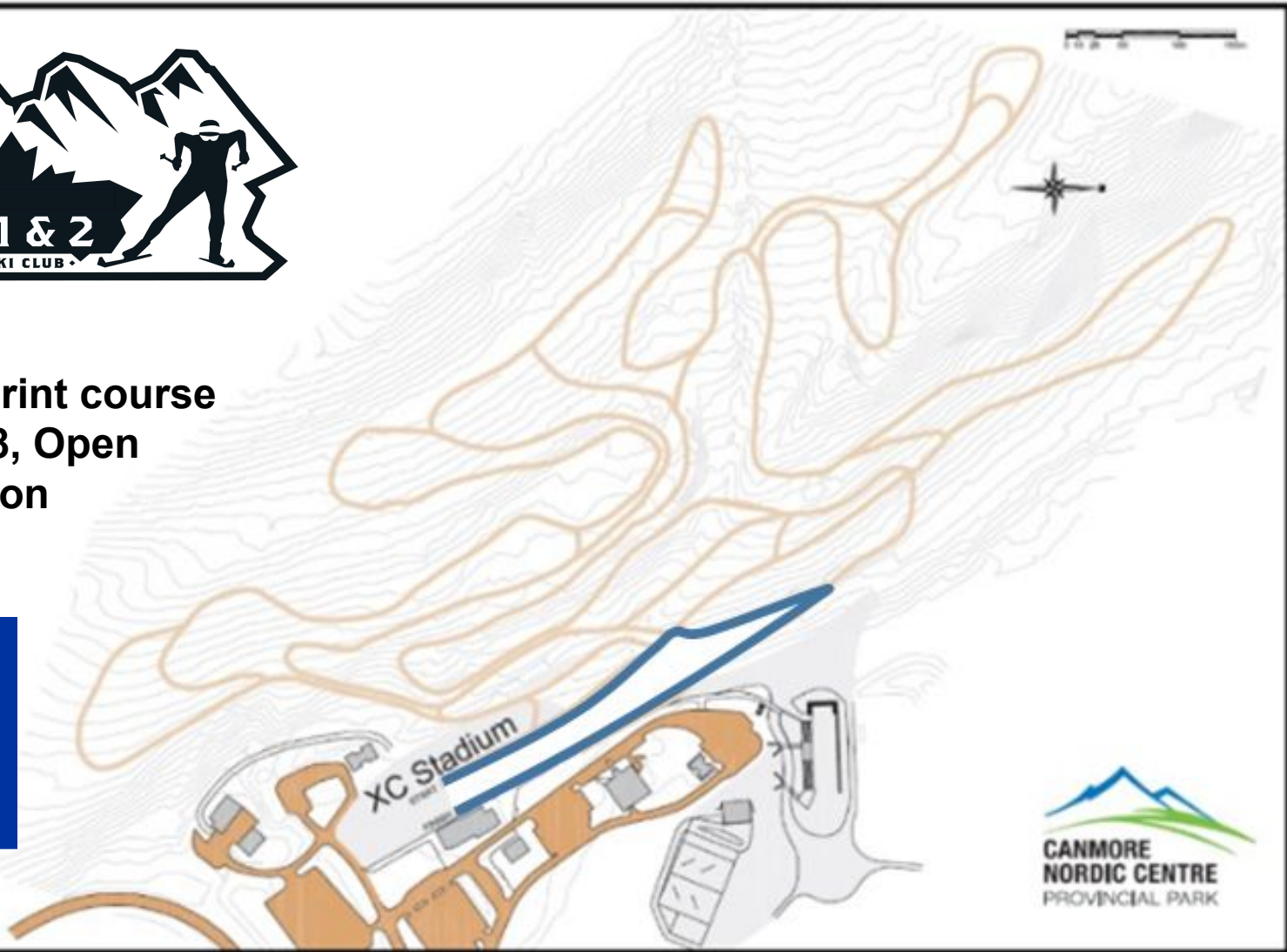
300m sprint course U12, U14



Height Difference 8m
Max Climb 8m
Total Climb 8m



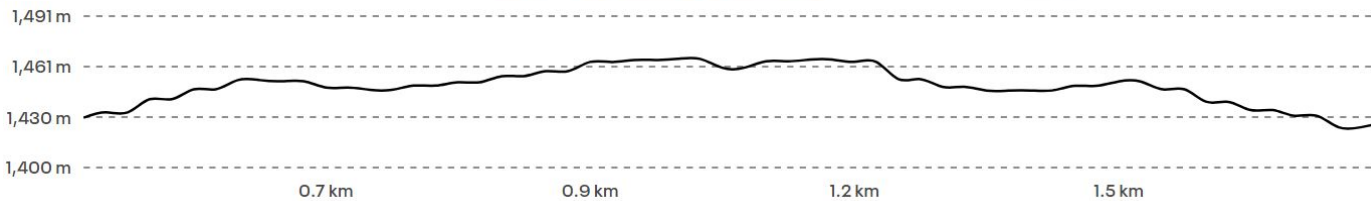
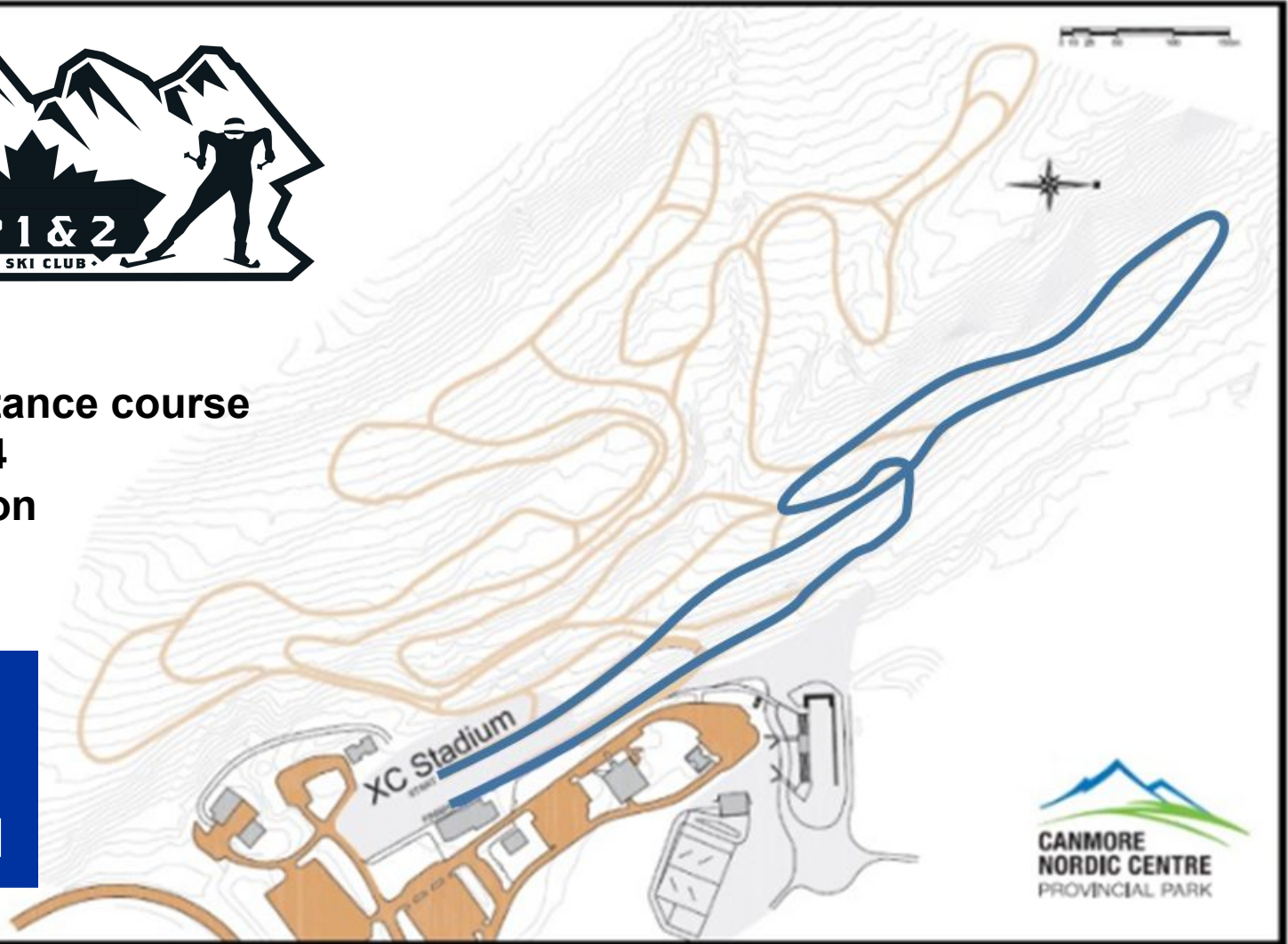
**750m sprint course
U16, U18, Open
Recreation**



Height Difference 13m/lap
Max Climb 13m/lap
Total Climb 15m/lap



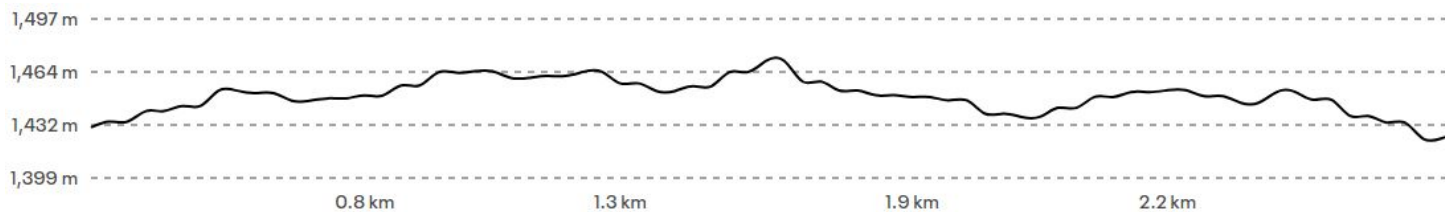
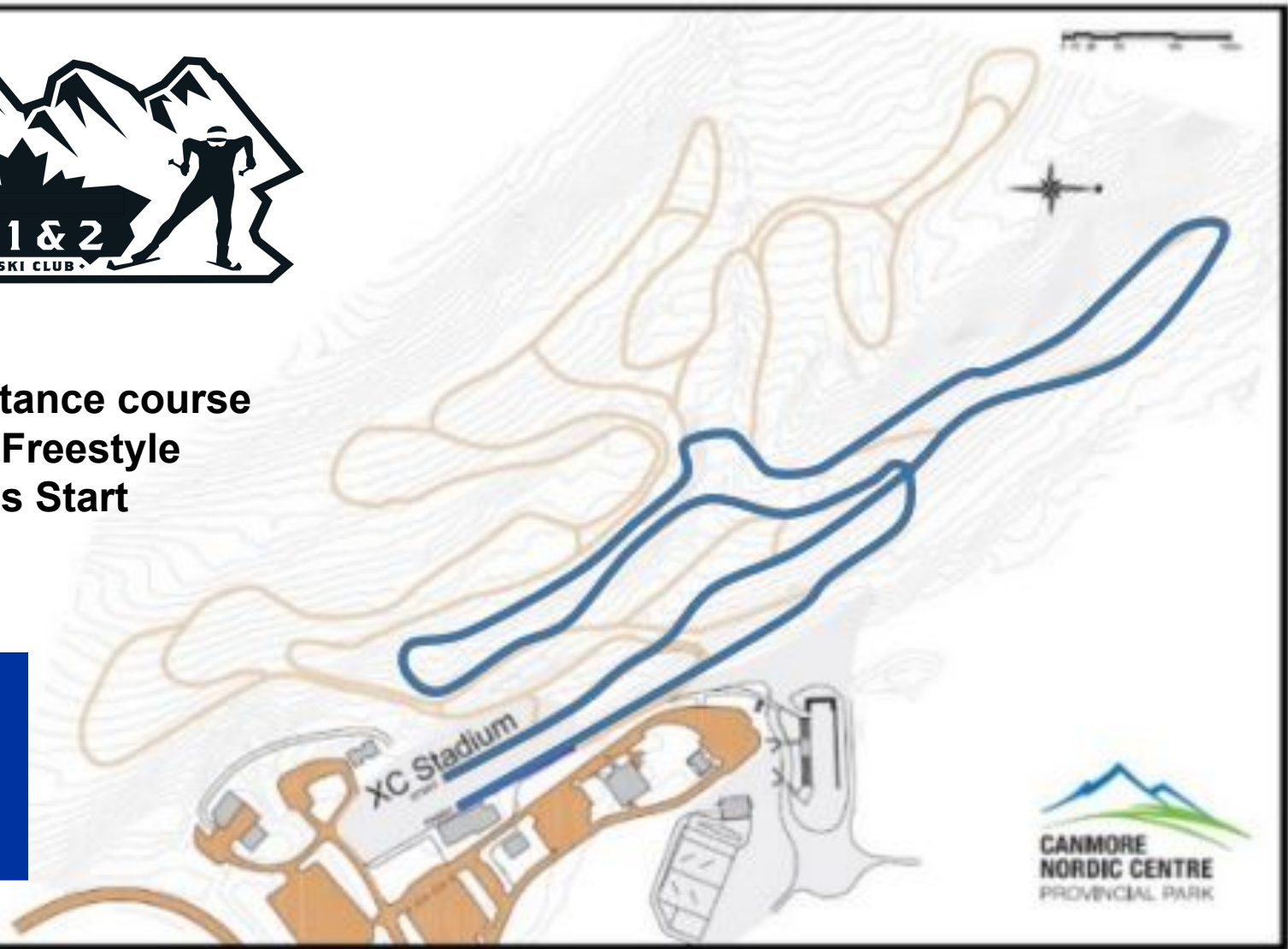
2 km distance course
U12, U14
Recreation



Height Difference 41m
Max Climb 22m
Total Climb 43m



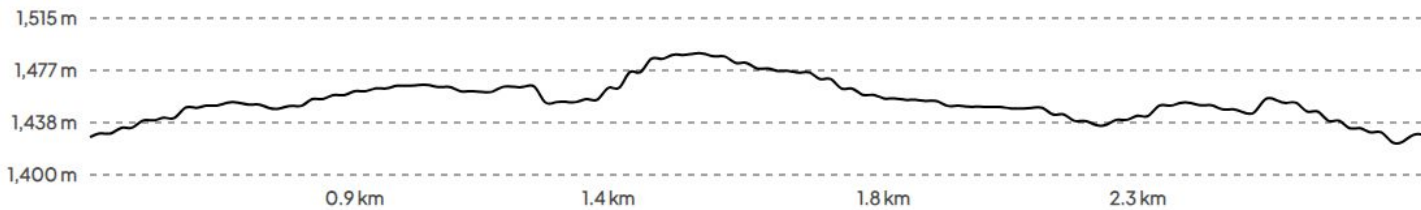
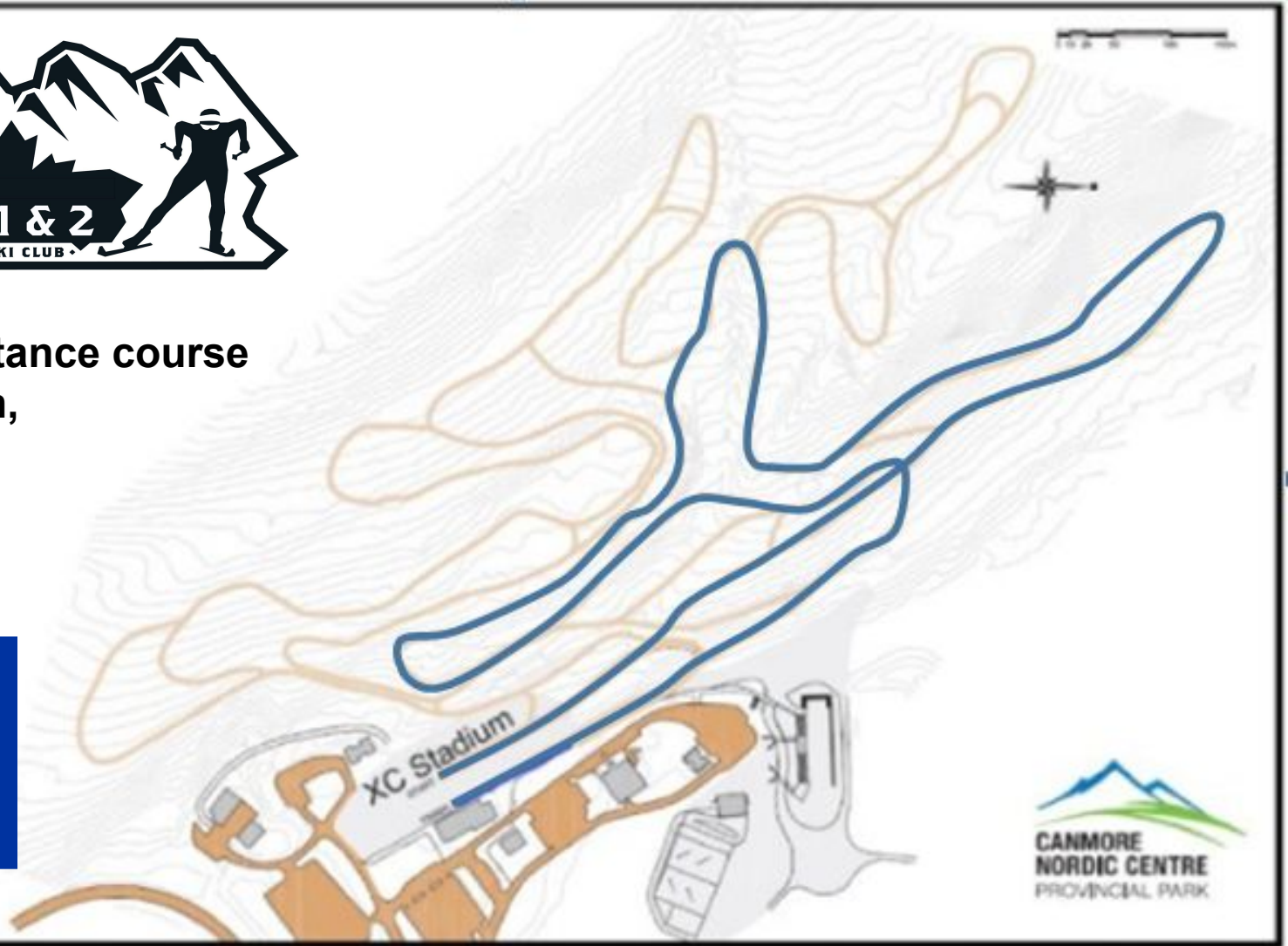
**3 km distance course
Masters Freestyle
U16 Mass Start**



Height Difference 48m
Max Climb 22m
Total Climb 91m



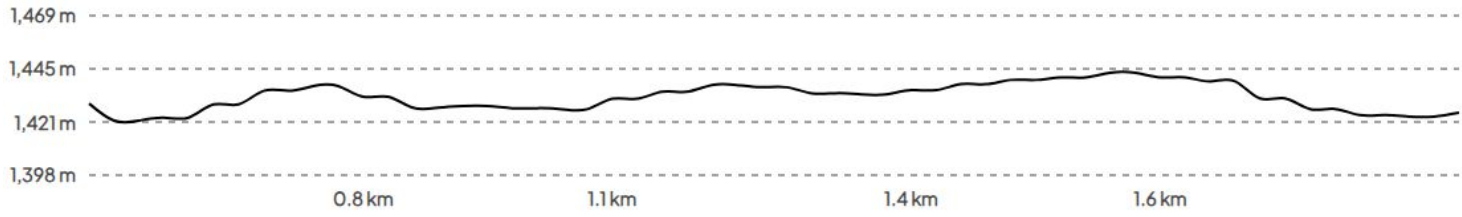
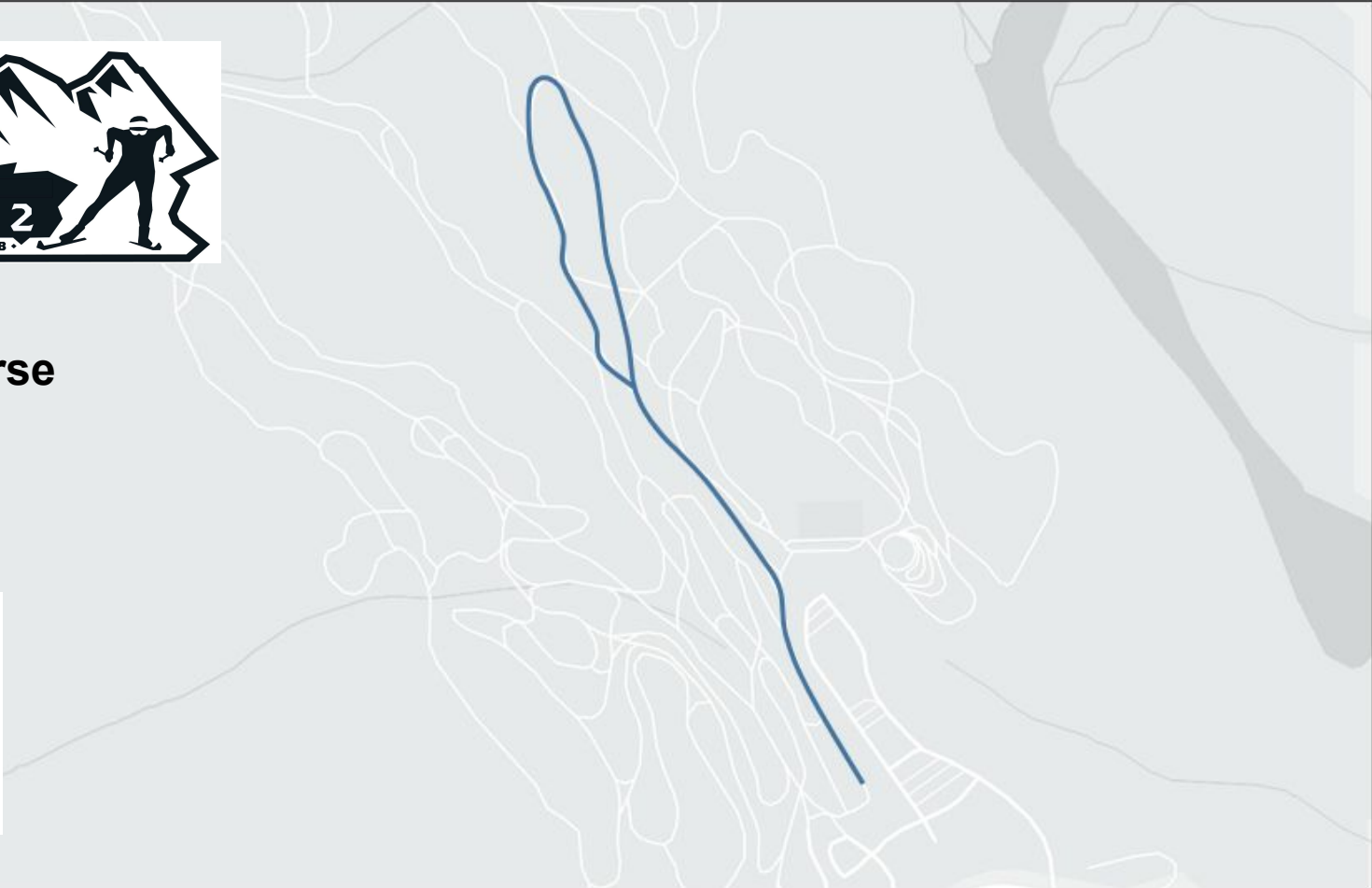
3.3km distance course
U18, Open,
Masters



Height Difference 65m
Max Climb 35m
Total Climb 112m



2.5km course Sit Ski



Height Difference 20
Max Climb 5m
Total Climb 36m